ACUPOLL ${ }^{\circledR}$ Inflation Report
Spring 2023 versus 2022

(®)ACUPULSE

## OBJECTIVES

- Help ACUPOLL Clients and Partners in the community to better understand the impact of rapid inflation on purchasing and shopping routines for CPG products
- Understand what consumer expectations are, going forward, for inflation and for their income
- Compare back to previous ACUPULSE surveys when doing so can add insight


## FIELD DATES

() Conducted via Internet: May 1-5, 2023

## SAMPLE SELECTION

(e) Total Sample of $n=1,218$ Males and Females 18+


## Key Takeaways

- Worry about inflation has hit new levels, resulting in high resistance to trying new products and increased search for value
- Gen $Z$ should receive heightened focus and value offers/messaging
- They are more likely than older groups to have income declines, and are increasingly adjusting shopping due to inflation
- They show the greatest increase in Saving money as their top priority for buying products (while their focus on causes/values takes more of a back seat under economic pressures)
- While consumers still prioritize My health/well-being, and Taking good care of my family, they have an increased desire for products that Leave me feeling satisfied, creating opportunities for promoting small/affordable indulgences
- It's important to remember there are winners in tough times as well, creating opportunities; a larger percentage of Boomers, Whites, and \$100K+ consumers report income increases, and 1 -in-4 consumers report buying $3+$ categories listed more often
- Consumers - and Gen-Z in particular - continue to shift away from premium and convenience goods and more toward private label and value options; their greatest desire is for lower prices and coupons/discounts, but also lower-cost variety packs, refills, or products that last longer
- It's not just about lowering prices; nearly half of consumers - and significantly more than last year - want advertisers to explain steps they're taking to help keep prices from going up, and many also welcome hearing how companies are helping those who are struggling financially
- Beyond price, brands should explore reinforcing higher-level benefits, encouraging self-indulgence, and reframing their value proposition (see our post 12 Ways to Boost Perceived Value without Sacrificing Profit)
- Prior to being introduced to the study topic, consumers continue to reflect about the same mix of positive and negative emotions as last year, with 2-in-5 saying they are "happy" and one-quarter mentioning "tired."

|  | '22 | '23 |
| :--- | :---: | :---: |
| Happy | $37 \%$ | $40 \%$ |
| Tired | $24 \%$ | $23 \%$ |
| Sad | $14 \%$ | $12 \%$ |

What 3 words would you use to describe the emotions you're feeling today?


- While worry about inflation and the political climate hits new peaks, many consumers show resistance to trying new products and increased desire for lowerpriced options.
- Over three-quarters of consumers continue to agree strongly that they are worried about the future of the country's economy in 2023.
- A strong value proposition is needed to convince consumers that new products are worth their money during these difficult times.


How much do you DISAGREE or AGREE with each of the following statements?
\% Agree Strongly (Rating 7+) Among Total Sample


- Spending on essential and non-essential items has decreased for significantly more consumers in the past 12 months than the previous year, even though claimed income remains fairly steady overall (albeit less so for Gen Z and Millennials).
- Continued inflation and savings depletion are forcing many people to tighten, particularly those earning $\$ 50 \mathrm{~K}$ or less per year, while high-income and White consumers are more likely to have increased spending on essential items.
- Boomers, Whites, and \$100K+ consumers have significant increases in claimed income; Gen Z and Millennials are more likely than Boomers to have income declines.

How much, if at all, has each of the following CHANGED in the PAST 12 MONTHS?

Among Total Sample



Household income
Spending on essentials
Spending on non-essentials


■ Decreased a little/Lot $\quad$ Stayed the Same ■Increased a Little/Lot
Significant Changes in \% shown Significantly Lower/Higher than 2022

- Saving money remains the highest priority among consumers, and significantly more so than last year.
- Consumers also still prioritize taking care of themselves and their families.
- The increased desire for products that leave them feeling satisfied may create opportunities for messages appealing to consumer desire for small or affordable indulgences to lift their moods.

> Core Motivations -2023 vs. 2022
> ACUPOLL'S approach to understanding the deeper drivers for purchase decisions or underlying reactions to alternative positionings



- Gen Z consumers show the greatest increase in desire to save money, as well as an increased focus on health, with increases coming at the expense of their more idealistic interest in buying consistent with their values and needs (both down about half).
- Saving money has increased $+24 \%$ points for Gen Z, and only up to $+7 \%$ points for other age cohorts.
- Not surprisingly, lower-income consumers have seen bigger increases than higher-income consumers, whose priorities have hardly changed at all.

- Priorities have shifted since March 2020, with saving money overriding health/well-being for "most important."
- This is likely aligning with COVID being the biggest issue in 2020 and inflation impacting Americans most today.
- We also see significant increases in wanting products that satisfy and make consumers feel good.

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\text { Core Motivations - } 2023 \text { vs. } 2020 \text { (March) }
$$



## - While consumers continue to report cutting back across categories, with significantly deeper drops in indulgences like Frozen Meals and Alcoholic beverages, there continue to be opportunities for growth.

- Some consumers report buying more overall, not just across seasonal categories like organic fruits and vegetables:
- 1 -in- 4 consumers report buying $3+$ categories more often (versus $40 \%$ who buy $3+$ categories less often)
- Those who are buying 3+ categories less often than usual still report that they buy more in some categories ( $12 \%$ on average).
- Brands should consider reinforcing the higher-level benefits and value proposition their categories deliver.

Which of the following BEST DESCRIBES your experience with each of the following categories since the beginning of 2023?

Among 2023 Category Buyers


- Consumers - Gen Z in particular continue to shift from premium and convenience goods toward private label and value options.
- On-demand food delivery services like DoorDash or Uber Eats continue to see decreases post-pandemic, most likely due to the decreased COVID concerns or economic pressures making the extra cost of delivery too expensive.
- Meanwhile, Millennials are diverging, with some buying more premium brands and meal delivery services, yet some also buying more value brands.


[^0]Which of the following BEST DESCRIBES your experience with each of the following TYPES OF BRANDS since the beginning of 2023, compared to your pre-pandemic routine?

Among 2023 Category Buyers

## $16 \%$

Store brand/private label items from the grocery store $29 \%$$\uparrow$

 $\uparrow$



 ( $+11 \%$ since ' 22 )

On-demand food delivery services
$\uparrow$
$41 \%$

- The majority of consumers indicate that prices have increased enough to affect their shopping routine over the past 3 months.
- While Gen Z consumers are the age group least likely to report that prices have impacted their shopping routine, they are also the one age group showing an increase on this measure versus 2022, likely because inflation increases impact the generation with the lowest income and savings the most.

Which statement would you say BEST DESCRIBES what you have


- Consumers are even more likely to have made conscious ("System 2") changes to their shopping habits in $\mathbf{2 0 2 3}$ than in $\mathbf{2 0 2 2}$ due to higher grocery prices.
- Half of consumer have cut out ("System l") impulse buys and make grocery lists before shopping to reduce extra spending; their pocketbook is forcing some more "rational" engagement; interestingly, despite the squeeze they're feeling, Gen $Z$ is a little less likely to restrict impulse buying or claim to price-shop.
- Consumers are also more likely to shop store brands, sales, and clearance deals.
- $30 \%$ have switched to different/lower-cost chains.

What, if anything, are you CURRENTLY doing in response to higher grocery prices?
Among Total Sample


- Consistent with last year, a majority of Americans continue to think that inflation will continue to increase over the next year, which helps explain why more consumers are looking for lower-cost options for groceries.
- This suggests belt-tightening will continue for the foreseeable future, at least until the news media (and likely the Federal Reserve) starts touting that inflation has been tamed, and consumers see it at shelf.


How do you expect the inflation rate to change versus current levels, if at all, in the next...?

Among Total Sample


- Consumers continue to blame increased inflation primarily on COVID-19 and the resulting supply chain issues even as we move forward in a post-pandemic world.
- President Biden and the Democrats continue to receive more blame for inflation than Republicans and Donald Trump; at the same time, criticism of Republicans (and Large Corporations and the Federal Reserve) has increased significantly, while perceived impact of the Russian/Ukranian Conflict has decreased.

Which of the following, if any, do you believe to be the CAUSE of increased inflation rates?


- In this inflationary environment, it's not surprising that consumers want lower prices and more discounts, but they also show interest in new products with strong value propositions: lower-cost refills, products that last longer, and multi-purpose products.
- Younger consumers are least likely to expect lower prices, and Gen Z shows the greatest year-toyear increase in interest in coupons and product refills.

What can COMPANIES do right now to help ease


- Even if companies can't lower prices or offers discounts, consumers want advertisers to explain how they're keeping prices from going up, helping people who are struggling, and helping the community, significantly more than in 2022.
- Gen $Z$ consumers are driving much of the increases versus last year.

What changes, if any, do you think ADVERTISERS should make to their commercials given everything going on in the world?

Among Total Sample


## Special Offers

## 1. Ask your ACUPOLL contact for a meeting to review a FREE cross-tab customized for your sector (list below)

2. We can also re-rerun key questions in the study for your specific category and brand users in less than a week ( $\$ 3,500$ for full report, $\$ 3,000$ for XLS comparison only)

## Sectors

Organic fruits and vegetables
Non-alcoholic beverages
Pet food, supplements, or care items

## Frozen meals

Alcoholic beverages
Desserts
Dairy
Non-organic fruits and vegetables
Packaged dry foods
Meat \& seafood products

Cleaning Supplies
Personal Health/OTC items

## Jarred or canned foods <br> Paper/Plastic Products

Personal care items
Condiments/Spices/Seasonings

Sample Excel

|  |  | Alcoholic Beverage Category |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 2022 Total Sample | 2022 Alcoholic <br> Beverage Buyers | 2023 Total Sample | 2023 Alcohol Beverage Buyers | 2023 Decreased Alcoholic Beverage Buyers | 2023 Increased Alcoholic Beverage Buyers | 2023 Buy More than 3 Categories Less Than Usual | 2023 Buy More Than 3 Categories More Than Usual |
|  |  | A | в | c | D | E | F | G | н |
| Count | n= | 1000 | 693 | 1218 | 847 | 331 | 141 | 517 | 308 |
| When you're looking for products to buy, what are your TOP 3 PRIORITIES right now? | Saving money | 61\% | 59\% | $\begin{aligned} & 67 \% \\ & \text { AD } \end{aligned}$ | $\begin{gathered} 65 \% \\ \text { B } \end{gathered}$ | $\begin{gathered} 67 \% \\ F \end{gathered}$ | 51\% | $\begin{gathered} 70 \% \\ \mathrm{H} \end{gathered}$ | 57\% |
|  | Products that leave me feeling satisfied | 26\% | 26\% | $\begin{gathered} 30 \% \\ \mathrm{~A} \end{gathered}$ | 29\% | 31\% | 30\% | 29\% | 26\% |
|  | My healthwell-being | 38\% | 39\% | 40\% | 39\% | 43\% | 39\% | 42\% | 39\% |
|  | Saving time | 22\% | 20\% | 23\% | 23\% | 18\% | $\begin{gathered} 29 \% \\ \mathrm{E} \end{gathered}$ | 20\% | $\begin{gathered} 26 \% \\ \text { G } \end{gathered}$ |
|  | Feeling good about myself | 29\% | 30\% | 26\% | 27\% | 26\% | 33\% | 26\% | 25\% |
|  | Buying from companies that understand me and my needs | 10\% | 10\% | 9\% | $\begin{gathered} 10 \% \\ c \end{gathered}$ | 10\% | 11\% | 8\% | $\begin{gathered} 12 \% \\ \text { G } \end{gathered}$ |
|  | Taking good care of my family | $\begin{gathered} 40 \% \\ c \end{gathered}$ | 40\% | 36\% | 36\% | $\begin{gathered} 38 \% \\ F \end{gathered}$ | 25\% | 35\% | 35\% |
|  | Feeling more in control | $\begin{gathered} 16 \% \\ c \end{gathered}$ | $\begin{gathered} 16 \% \\ \mathrm{D} \end{gathered}$ | 13\% | 13\% | 10\% | $\begin{gathered} \text { 18\% } \\ \text { E } \end{gathered}$ | 12\% | 15\% |
|  | Reducing stress | 29\% | 27\% | 27\% | 28\% | 28\% | 30\% | 27\% | 30\% |
|  | Feeling more secure | 15\% | 15\% | 13\% | 14\% | 15\% | 13\% | 14\% | 15\% |
|  | Buying from companies that are consistent with my values | 10\% | 11\% | 11\% | 11\% | 11\% | 13\% | 14\% | 12\% |
|  | Making a good impression on others | 5\% | 6\% | 5\% | 5\% | 4\% | 8\% | 4\% | $\begin{gathered} 9 \% \\ \text { G } \end{gathered}$ |

## Learning from a 5-minute Gen Pop survey is available in 3-4 days

( $n=1000 / \$ 4000, n=500 / \$ 3150$, including Executive Summary slide and data tables; level of analysis, visualization, etc., can add cost) New ACUPULSE Users - \$1,000 off your company's first use


TOPLINE TRACKING

Track progress on a few core metrics for a new product or ad campaign - whether for your brand or a competitor's.


TREND CHECK

Stay in front of trends with quick checks to see how broad they are, and if they're building or declining.


Discover the incidence of a behavior, problem, or attitude, or even awareness of a latebreaking PR issue.


Gather and validate insights and reactions to an issue - or follow-up a study - with a mix of closed- and openended questions.

Get fast, cost-efficient input from a large national sample for a wide varieły of research needs

- Fuel Decision-Making
- Strengthen Sales Presentations
- Provide ammunition for P.R. or Social Media


## ACUPULSE ${ }^{\text {TM }}$ Fast Facts for Simple Questions and Fast Decisions - 2023 Pricing

| Broad Sample | - $\mathrm{n}=500-1,000$ Adults, Females, or Males 18+ <br> *Nationally Representative age/region/gender |
| :---: | :---: |
| Questions | - Up to 5 minutes survey length - not counting demos ( $\sim 8-12$ questions) <br> -Single-Select, Multi-Select (limit 15 options), Grids (max. 10 rows), Ranks <br> - Open-Ends (verbatims only; coding not included) |
| Stimuli | -Text, images, video <br> -Up to 10 images / 20 used across questions (JPG, PNG individual files) <br> - No complex programming / assignments |
| Simple Data Outputs | - PowerPoint with Total Sample and 5 segments (defined in advance) <br> -Executive Summary slide(s) and data tables - extra analysis/visualization (like in this report) adds cost* <br> -Price includes initial tabulation and corrections; repeated data tabbing extra <br> - Optional cross-tab individual questions by demo segment in Excel ( $\$ 300$ ) |
| Timing | - Questionnaire finalized by 10AM on Day 1 <br> -Results by close of business on Day 3-4 (basic programming, $\mathrm{n}=1,000$ ) |

[^1]
## THANK YOU

Merci
Gracias
Obrigado
Спасибо תודה רבה
شـكرا جزيل
谢谢
とうもありがとう



[^0]:    Significantly Lower $\downarrow$ / Higher $\uparrow$ than 2022

[^1]:    Standard Demos: Region•Gender•Age•Income•Race•Hispanic Origin•Employment•Education•Marital Status•Kids in Household
    *Standard ACUPULSE ${ }^{\text {TM }}$ Final Reports include tables shown with 5 segments for each question and short summary of data

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    \text { Cost }{ }^{* * *} \quad n=500 \text { for } \$ 3,150 / n=1,000 \text { for } \$ 4,000 / n=2,000 \text { for } \$ 6,500
    $$

    **Adjustments: Detailed demographic cross-tab/every question $+\$ 300$, stimuli rotations $+\$ 500$, other add-ons TBD

